# Responsibility

**Sub-Concepts Covered: Self-discipline, Kindness**

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This unit is the fifth of our six unit series. The goal is to explore responsibility and taking ownership for one's actions. We will also be giving students strategies on how to make responsible choices that ultimately promote kindness to self, others, and our community. There is a large focus on the larger community and recycling within this unit, so you may be able to pair these lessons up with your core content.

## Unit Objective

Students will:

- Define responsibility and self-discipline through both actions and words.
- Identify HOW to show responsibility at home and school.
- Draw connections between self-discipline and responsibility as it applies to their daily lives.
- Explain how to make responsible choices in a variety of settings.

## Student Introduction

Welcome to the Responsibility Unit! This unit focuses on responsibility and how we are responsible for many things, including ourselves, the spaces we share with others (like our classroom!), and the environment. We will talk about real-life situations that require us to make responsible choices to care for ourselves, others, our community, and our environment! We are going to focus on these main areas:

- Making responsible decisions regarding ourselves and our personal spaces
- Exploring how others' responsible actions directly affect us
- Practicing kind and responsible choices without prompting

Let's get started by focusing on our personal spaces in our classroom!

## Unit Lessons

| Lesson Title | Lesson Objectives | Materials Required |
| --- | --- | --- |
| **Lesson 1**<br>Clean Desk Detectives | ● Explain the difference between responsible and irresponsible actions.<br>● Practice activities in the classroom that require responsibility to one's self. | ❏ *Mrs. McBloom, Clean Up Your Classroom!* by Kelly DiPuchio<br>❏ Clean Desk Checklist |
| **Lesson 2**<br>A Sandwich of Responsibility | ● Understand how their actions have consequences and affect others even if they do not see it immediately<br>● Demonstrate the importance of following through on one's responsibilities | ❏ Sandwich ingredients: sliced bread, cheese, sandwich meat, lettuce (gloves, paper plates, napkins if desired)<br>❏ Sandwich of Responsibility Worksheet  (see lesson) |
| **Lesson 3**<br>A Pot of Responsibility | ● Define perseverance.<br>● Discuss how being responsible takes perseverance, integrity, and courage.<br>● Identify ways to demonstrate responsibility as 1st  graders. | ❏ *"The Empty Pot"* - by Demi<br>❏ Fill Your Pot with Responsibility handout |
| **Lesson 4**<br>Kindness Coupons | ● Identify ways children can respond with kindness towards others in a variety of situations.<br>● Practice acts of kindness at home. | ❏ Basic Art Supplies<br>❏ Coupon Book template (see lesson) |

## Unit Projects

| Project Title | Project Overview | Materials Required |
| --- | --- | --- |
| **Project 1**<br>Class Cash | This project allows students to practice responsibility and self-discipline through the establishment of a classroom store based on responsible actions in school each day. | ❏ Class Cash<br>❏ Prizes (will vary)<br>❏ Envelopes<br>**NOTE:** This project requires prizes of varying value, so planning ahead is important. Some ideas for prizes might be candy, pencils, erasers, small toys, homework pass, dress down day, etc. Price each prize accordingly. You will need prizes that are only one class dollar, all the way up to 20 class dollars. |
| **Project 2**<br>Responsibili-tree | This project will focus on recycling as a way to choose responsible actions with waste in the school. | ❏ Construction paper for making the tree - brown for the trunk and green for the leaves<br>❏ Other Bulletin Board Supplies - tape, etc. |