Inclusiveness

Sub-Concepts Covered: Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

The Inclusiveness Unit is our third unit in a series of six. We will focus primarily on helping students express kindness through including others and treating them fairly. We will also explore what it means to be different, special, and the same. Ultimately, we hope to connect the concepts in this unit back to respect and caring, which were the first two units in this series.

Unit Objective

Students will:

- Review the concepts of respect and caring.
- Discuss what makes two things the same and what makes them different.
- Understand the difference between include and exclude.
- Explore how fairness contributes to inclusiveness.
- Evaluate the connection between kindness and inclusiveness.

Student Introduction

Welcome to the Inclusiveness Unit! Over the next few weeks, we are going to build some superpowers around inclusiveness and kindness, which means we show others kindness by including them in the things we are doing and by treating them like we would want to be treated! Specifically, we want to recognize what makes us special and what makes others special. We also want to practice recognizing how even if we are different, we can all participate in the same activities, we can be fair, and we can be kind. We are going to focus on these important areas:

- Building skills to be includers!
- Treating others fairly!
- Being kind by including other people!
- Recognizing what makes us special and what makes us unique!

Let's get started with our first lesson!

Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 We are All Wonders!	• Explore the concept of inclusiveness through story and self-expression. • Share something that makes them unique and wonderful to build a level of comfort and understanding within the class.	❏ *We're All Wonders* by R.J. Palacio ❏ I Am a Wonder space helmet handout (one for each students) ❏ Crayons/Markers - for students
Lesson 2 Inclusive is Kind!	• Understand the difference between include and exclude. • Engage with a text in a dynamic way that checks for comprehension. • Evaluate the connection between kindness and inclusiveness.	❏ *The Invisible Boy* by Tracy Ludwig
Lesson 3 Care + Share= Fair	• Compare and contrast fair versus unfair. • Explore how fairness contributes to inclusiveness. • Identify fair situations. • Correct unfair situations.	❏ Paper plates ❏ Red/green crayons or markers for each student
Lesson 4 Beyond Our Shells	• Use chemistry to personify the idea of looking beyond someone's outsides and into what really matters on the inside. • Build skills in comparison and contrast. • Discuss what makes two things the same and what makes them different.	❏ Paper and pencils ❏ Two eggs: 1 white egg and 1 brown egg (for the first experiment) ❏ Bowl (for breaking the eggs) ❏ Egg(s) [number depends on how many you wish to do; at least two, but you may elect to use one egg for each child; plan ahead for whichever approach you take] ❏ Bowl(s) for students ❏ Vinegar

Unit Projects

Project Title	Project Overview	Materials Required
Project 1 Good Eggs	The class will create a bulletin board that reminds students about what makes them different and the same. The structure of the board, all eggs in the carton, is designed to remind students that they are all included in the same group together and each one has a special spot to fill.	❏ "Egg Shape" handout - one for each student. Best if printed on a sturdy cardstock. ❏ Markers, crayons, or magazines/scissors for decorating. ❏ Pens/markers for writing on the back. ❏ Grey bulletin board paper and other supplies for creating bulletin board.
Project 2 Inclusiveness and Fairness Toolbox	This project is designed to give students some tools to be a helper, specifically simple words and actions, so they are ready to step in to help kids who are being left out or treated unfairly.	❏ Tool handout ❏ Colored paper to create one large or several smaller toolboxes ❏ Markers for writing on the tools

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