



# Responsibility

Hello Parents and Guardians,

Welcome to Unit 5 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPONSIBILITY. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
<b>Responsibility</b>	<ul style="list-style-type: none"><li>• What does it mean to be responsible for your actions?</li><li>• How do you accept responsibility for what you say and what you do?</li></ul>	Create a list of school and home responsibilities with your child. Emphasize how their responsibilities actually help their class. What are they responsible for at home? Explore that as well! .
<b>Perseverance</b>	<ul style="list-style-type: none"><li>• How do we stick with things, even when they are difficult for us?</li><li>• How can we use perseverance to reach our goals?</li><li>• How does cheating hurt us in the long run?</li></ul>	Practice identifying small goals with your child. List the steps it will take for them to reach that goal. Celebrate with them when they succeed! Goal setting is a lifelong skill.
<b>Self-Discipline</b>	<ul style="list-style-type: none"><li>• What is self-discipline?</li><li>• How do we use self control in our classroom?</li><li>• What might happen if we didn't stay in control of ourselves?</li></ul>	Talk with your child about what self-discipline looks like in their class. How do we sit in our chairs/at the table? How do we answer a question? How do we move through the building? Emphasize kind, safe actions.

**Key activities we'll be doing:**

- Explore how to be responsible for our own bodies!
- Find common responsibilities in shared areas in our school!
- Complete a science experiment about water conservation!
- Create recycled bracelets!

**TRY THIS AT HOME!**

If you don't already, start recycling in your home. Begin small with cardboard or milk jugs. If you already recycle, make an effort to increase the amount you can reuse and reduce the amount of waste you produce.

**If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!**

Sincerely,