

# Integrity



**Sub-Concepts Covered: Perseverance, Kindness,**

Kindness in the Classroom lessons teach kindness skills through a step-by-step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

This unit is the fourth of our six unit series. We will introduce the concept of integrity as it relates to honesty and perseverance during this unit. Since this is the first grade that dives deeper into the actual concept of integrity, we will build off of honesty to aid in comprehension and application. The focus of this unit is twofold- understanding the importance and value of honesty as it relates to kindness, and using honest methods to persevere towards accomplishing personal goals.

## Unit Objective

Students will:

- Review respect, caring, and inclusiveness.
- Define honesty, dishonesty, and perseverance.
- Understand the concept of "white lies" and how they build on each other.
- Identify strategies that help people persevere through challenges.
- Reinforce the skill of perseverance through goal development and follow through.

## Student Introduction

Thank you for practicing inclusiveness in our classroom as I observe others including new friends and trying out new ideas in a kind, caring, and respectful manner! We are ready to explore Integrity. This is an advanced word that connects back to honesty and always telling the truth, even when others aren't around. We will also use honesty and perseverance to try our hardest, even when something seems too tough and we would rather give up! It can be tempting to tell "white lies" to move ahead or avoid trouble- however our ultimate goal is a kind classroom and honesty is the best policy! Our main focus this unit are on the following areas:

- Making honest choices, every time!
- Becoming a person of integrity- say what you mean and mean what you say!
- Persevering through difficult times...you can reach your goals!

## Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
<b>Lesson 1</b> White Lie to Kind Truth	<ul style="list-style-type: none"> <li>Utilize caring and kindness to develop honest alternatives to deceptive actions.</li> <li>Demonstrate an understanding of the term “white lie” and explain how it is a form of dishonesty.</li> </ul>	<input type="checkbox"/> “White Lie to Kind Truth” handout (see lesson)
<b>Lesson 2</b> Integrity Obstacle Course	<ul style="list-style-type: none"> <li>Use integrity to ensure their partner avoids obstacles and reaches their destination safely.</li> <li>Explain how being honest helps others trust you.</li> </ul>	<input type="checkbox"/> Blindfolds (Can be shirts, scarves, etc.) <input type="checkbox"/> “The “I” in Integrity” by Julia Cook
<b>Lesson 3</b> Integrity Role Play	<ul style="list-style-type: none"> <li>Demonstrate integrity through role-plays.</li> <li>Explain how being honest helps others trust you.</li> </ul>	<input type="checkbox"/> Basic Art Supplies <input type="checkbox"/> Scenario Cards handout (see lesson)
<b>Lesson 4</b> Pepper, Soap, and Sugar	<ul style="list-style-type: none"> <li>Demonstrate an understanding around the concept of honesty and why it’s important to always tell the truth.</li> <li>Practice being honest, especially after telling a lie.</li> </ul>	<input type="checkbox"/> 1 large bowl with water per group of students <input type="checkbox"/> 1 jar Black Pepper per group <input type="checkbox"/> 1 bar of soap per group <input type="checkbox"/> 1 small cup of sugar per group

## Unit Projects

Project Title	Project Overview	Materials Required
<b>Project 1</b> Door of Integrity	Students will work together to create a door of integrity leading into their classroom. They will take a pledge to do what is right and kind in all situations and work to demonstrate integrity in the classroom every day.	<input type="checkbox"/> Different colored construction paper <input type="checkbox"/> Basic art materials <input type="checkbox"/> Bulletin board materials (letters, butcher paper, tape, etc.) <input type="checkbox"/> Hand cut-out
<b>Project 2</b> Integrity Treasure Map	This project incorporates social studies and the use of a compass to practice integrity. The task is to use your treasure map to find items that start with every letter in integrity, documenting where each item was found on their map.	<input type="checkbox"/> Items beginning with each letter in INTEGRITY <input type="checkbox"/> Blank Classroom Map for each group <input type="checkbox"/> Clue Sheet for each group <input type="checkbox"/> Compass for each group <input type="checkbox"/> Pencils