



# Inclusiveness

## Sub-Concepts Covered: Equity, Fairness, Kindness

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the ‘share’ step to reinforce learning from previous lessons. The ‘act’ piece is woven into the lessons but really takes place in the projects.

In the Inclusiveness Unit, students will talk about inclusivity through the lens of the other kindness concepts as well as through the sub-concepts of equity and fairness. This unit includes some hands-on activities that require teamwork, which also reinforces the concept of inclusiveness. Students will also participate in writing a mission statement of inclusion for their classroom, which will help reinforce this concept well beyond the conclusion of the unit.

## Unit Objective

Students will:

- Identify similarities and differences among different objects or people.
- Recognize how teamwork requires inclusiveness.
- Develop a mission statement through an acrostic poem around the qualities they value about inclusion.
- Apply problem-solving strategies to help make different situations fair, equal, and/or equitable for everyone involved.

## Student Introduction

Welcome to the Inclusion Unit! This is a really great unit because you get to do a number of hands-on activities and will be challenged to look at inclusiveness using all of the kindness concepts you’ve studied so far! Inclusiveness is a great way to show respect, caring, and kindness - both to others and to yourself. You will also evaluate different situations for how fair and equitable they are, two concepts that are important for you to understand and look for in everyday life! Having a fair and equitable world will be the work of all of us.

- Recognizing similarities and differences (and how most things are more similar than they are different)
- Teamwork
- Connecting all of the kindness concepts studied so far: Respect, Caring, Inclusiveness
- Fairness and equality

Let’s get started with our first lesson!

## Unit Lessons

Lesson Title	Lesson Objectives	Materials Required
<b>Lesson 1</b> Which One Doesn't Belong?	<ul style="list-style-type: none"> <li>Identify similarities and differences among different objects or people.</li> <li>Develop a better understanding about perspective.</li> </ul>	<input type="checkbox"/> Which One Doesn't Belong? Worksheet (see lesson)
<b>Lesson 2</b> The Rules of Friendship	<ul style="list-style-type: none"> <li>Recognize the difference between friendship groups and cliques.</li> <li>Develop a list of guidelines to draw from when confronted with clique behavior.</li> <li>Develop skills to build authentic friendships, include others, and stand up for people who are treating others unkindly.</li> </ul>	<input type="checkbox"/> "Friendship Group or Clique" worksheet - one printed for each group <input type="checkbox"/> Poster board / markers for Rules of Inclusion
<b>Lesson 3</b> Inclusion Acrostic	<ul style="list-style-type: none"> <li>Recognize the value of including everyone, regardless of ability.</li> <li>Develop a mission statement through an acrostic poem around the qualities they value about inclusion.</li> </ul>	<input type="checkbox"/> Cardstock or Cardboard <input type="checkbox"/> Basic art supplies <input type="checkbox"/> Smartboard to project the video. <input type="checkbox"/> Inspirational video: <a href="https://www.passiton.com/inspirational-stories-tv-spots/153-sarah-greichen">https://www.passiton.com/inspirational-stories-tv-spots/153-sarah-greichen</a> <input type="checkbox"/> Special Olympics Unified Champion Schools website and resources: <a href="https://www.generationunified.org/unified-classroom/">https://www.generationunified.org/unified-classroom/</a>
<b>Lesson 4</b> Fair + Equal + Equitable = Inclusive	<ul style="list-style-type: none"> <li>Define fairness, equality, and equity.</li> <li>Apply problem-solving strategies to help make different situations fair, equal, and/or equitable for everyone involved.</li> </ul>	<input type="checkbox"/> Print out of the Equality/Equity image or smartboard on which to project the image and video (see lesson)

## Unit Projects

Project Title	Project Overview	Materials Required
<b>Project 1</b> Notable Re-Quotables: Inclusiveness Posters	This project gives students an opportunity to learn some notable quotes about inclusion and diversity while practicing critical thinking skills in explaining them in simpler terms and illustrating them.	<input type="checkbox"/> Large poster paper <input type="checkbox"/> Slips of paper with the quotes on them. Ensure each group has a quote. <input type="checkbox"/> Markers or other media for the poster creation
<b>Project 2</b> Kindness Escape Room	Students will review and demonstrate understanding of inclusiveness, respect, and caring through an "escape room" simulation (even if you have not completed the Respect or Caring Units, you can still do this project). Teams of four work together to solve four situations and earn a pass "out" of the escape room.	<input type="checkbox"/> Escape Room Situation cards - one set of cards for each team <input type="checkbox"/> Escape Room Situation Answer cards - one set of cards for each team <input type="checkbox"/> Pen/pencils for writing down answers <input type="checkbox"/> See lesson for longer optional list