

# Respect



Hello Parents and Guardians,

Welcome to Unit 1 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPECT. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE WILL EXPLORE	HOW YOU CAN HELP AT HOME
<b>Self-Respect</b>	<ul style="list-style-type: none"><li>• How can we show ourselves respect?</li><li>• How do we treat ourselves with kindness?</li></ul>	Talk with your child about the importance of respecting yourself in everything you think, say, and do! Respect starts with YOU.
<b>Respect for Others</b>	<ul style="list-style-type: none"><li>• How do we treat our classmates, our family, our friends?</li><li>• How do our words and actions affect others?</li></ul>	Help your child look at how they use kind words and actions to show respect for others in their immediate world.
<b>Respect for Our School</b>	<ul style="list-style-type: none"><li>• How do we care for our classroom and the things in it?</li><li>• How do we show respect for our school?</li></ul>	Talk with your child about the importance of respecting school property, including school supplies, technology (like computers/tablets), and playground toys.

**Key activities we'll be doing:**

- Identify boundaries in our classroom using tape and shapes.
- Explore personal boundaries using hula hoops.
- Work together to create art.
- Create useful clean-up guidelines for our centers.

**TRY THIS AT HOME!**

Try the Hula Hoop activity with others in your home. Using a hula hoop or other circular object (rope, hose, etc.) decide how close others can come to you before you feel like they are “in your bubble”. Have a conversation with everyone to discuss personal boundaries based on your findings.

**If you have any questions about our Kindness in the Classroom lessons, please feel free to contact me at any time. We are on this kindness path together!**

Sincerely,